

WNY Quarterback Academy

WNYQuarterBackAcademy.com

TAKE YOUR GAME TO THE NEXT LEVEL!

The **WNY QUARTERBACK ACADEMY** is helping to improve and enhance college recruiting in Western New York by helping to develop high school and college football prospects that are prepared both **physically** and **mentally** to excel at the next level.

OUR DUAL DEVELOPMENT PROGRAM

9 Training Sessions Split Over The Course Of One Month

Film Room Study:

- Goal Setting and Leadership
- Cadence and Exchange
- Positional Terminology
- Offensive and Defensive Terminology and Concepts
- Understanding Protection
- Routes
- Fronts and Coverages
- Board Work
- Game Preparation Techniques
- Grading System
- Written Player Evaluation
- Action Plan for Future Development Field

Work:

- Footwork
- Trigger Time
- Throwing Technique
- Development Ball Handling
- Techniques Drops (3, 5, 7)
- Shotgun Techniques Accuracy Training Above the
- Rim Emphasis Quick Passing and Hot Concepts
- Sprint Techniques
- Route and Release Training

Class Size is limited to 8 kids so that individual training sessions can be maximized.

Cost: \$150 per semester

Players Name: _____

Age: ____ **Position:** _____

School: _____

Parent: _____

Phone: _____

Email: _____

*******Because class size is limited please do the following to Register: *******

? Email us at wnyquarterbackacademy@yahoo.com to identify the Options you intend to sign up for.

AND

? Send this Registration form and Check or Money Order made payable to:

**Jim Kubiak
P.O.Box 1164
Orchard Park, NY 14127**